SPRING 2019 Main Lunch Menu.qxp\_Layout 1 06/03/2019 15:44 Page 1

# **BEVERAGES**

All beverages and food service support mandatory units 101, 104, 201 and 204 which cover health & safety, teamwork and customer service.

#### **Mocktail of the Day**

Freshly created, please ask your server	4.25
for today's non-alcoholic cocktail	

#### **Chilled Beverages**

Preparing and serving these drinks falls under units 205 and 211 where prisoners learn to serve soft drinks and cleaning the bar as well as handling payments.

Still or sparkling water	3	.50

Luscombe Organic Drinks	Small	Large
Wild Elderflower Bubbly	3.95	7.50
Damascene Rose Bubbly	3.95	7.50
Sicilian Lemonade	3.95	
Lime Crush	3.95	
Raspberry Crush	3.95	
Cranberry Crush	3.95	
Hot Ginger Beer	3.95	
Sparkling Passionfruit Water	3.95	
Orange juice	3.95	
Coca-Cola (Original or Diet)	2.95	
Iced tea	2.50	
Tonic water	2.50	

#### **Hot Beverages**

Preparing these drinks falls under units 205, 211 and 218 where the students learn barista skills and how to serve hot drinks.

Pot of Twinings speciality tea for one Please ask your server for available options	2.75
Pot of Twinings breakfast tea for one	2.50
Filter coffee	2.50
Cafe latte	3.25
Cappuccino	2.50
Espresso	2.25
Double espresso	2.75
Espresso macchiato	2.50
Americano	2.50
Flat white	2.95
Hot chocolate	3.25
Add a syrup shot	70p

Decaffeinated coffee is available upon request. All our coffee is certified as Fairtrade

If you would like to keep in touch with us and find out more about the work we do, please sign up to our newsletter at www.theclinkcharity.org

## **BREAKFAST**

Smoked Scottish Salmon and Scrambled Eggs Served with either brown or white toast This dish falls under unit 220 where students learn to prepare and slice smoked salmon.	8.95
Small English Breakfast Sausage or bacon, baked beans, egg, mushrooms and 2 slices of toast Choose tea or filter coffee	6.95
Full English Breakfast Bacon, sausage, black pudding, saute potatoes, 2 eggs, grilled tomato, mushrooms, baked beans and 2 slices of toast. Choose tea or filter coffee A choice of fried, scrambled or poached eggs is available.  This dish falls under units 226 and 233 by learning how to prepare and cook vegetables.	8.95
<b>Eggs Benedict</b> English muffin topped with ham, poached egg and hollandaise sauce  Preparing this classic dish supports unit 236 where students learn about preparing sauces.  One muffin Two muffins	
<b>Toast </b> <i>V</i> Per slice including butter With preserve	1.00 1.25
GIFTS AND SOUVENIRS	
Clink Pencil	1.00
Clink Pen	3.00
A stylish ballpoint pen  Clink Tea Towel  A blue and white double string dyname to a towel	5.00
A blue and white double striped woven tea towel  Clink Bag for Life  A handy sized Clink hessian bag	5.00
Clink Poetry Booklet A selection of poems from serving prisoners	5.00
Yearbook	5.00
Kilner Jar Condiments and Preserves Choose from a selection of homemade seasonal condiments and preserves	6.00
<b>Clink Mug</b> A large ceramic mug with The Clink logo and restaurant location	11.00
Clink Apron	12.00
A black apron with an embroidered Clink logo and restaurant location	10.00
The Clink Cookbooks  Canape, Quick & Easy, Desserts and Vegetables: full of recipes created for home cooks from The Clink Charity's trustees, staff, chef ambassadors and well-known industry supporters.  1 book for 2 books for 3 books for well-known industry supporters.	20.00

#### Gift Voucher

Looking for a gift for someone who has everything? Give them an experience to remember that can help transform lives. Available in £10 and £20 denominations

By purchasing these items you are helping our students train towards unit 273 which covers the promotion of additional services or products.

## **LUNCH MENU**

The prisoners you see serving in our restaurant and cooking in our kitchen are working towards gaining their accredited City & Guilds qualifications in Food & Beverage Service, Professional Cookery and Food Hygiene. Thank you for choosing to dine at one of the Clink restaurants; you are giving our students valuable experience and we hope you enjoy your meal.

#### **Starters**

Soup of the day,	sourdough bread V		5.95

7.80

7.00

6.80

7.50

15.50

16.00

16.50

14.50

Preparing and cooking basic soups and stocks is a key skill for any chef. Unit 237 teaches our prisoners in training how to do this and encourages them to think about flavours and textures.

## Rillette of confit duck, crispy skin crumb, rhubarb gel, thyme-pickled rhubarb

The students will learn how to prepare and cook poultry under units 223 and 230 for this dish.

#### Scorched mackerel, yoghurt and cucumber tartare sauce, shaved mooli

It's important for our students to learn how to roast, poach, smoke and grill fish and in this dish, there are lots of opportunities for them to practise their skills under units 220 and 227.

#### Tofu and paprika bonbons, pickled quail egg, pimento coulis, watercress V

This dish encourages our students to think about flavouring through herbs and spices as well as learning the best presentation of the dish on the plate.

## Warm salad of asparagus, Jersey royal potato, lemon coulis and charred spring onion Ve

In this dish, the students will work towards gaining their Level 1 qualification under units 226 and 233 which covers preparing and cooking vegetables and also unit 116 which is preparing salads.

#### Main courses

#### Assiette of chicken; poached supreme, roast leg, liver bonbon with charred radicchio, straw potato, malted jus

Learning how to de-bone a chicken and use all parts of the bird is taught under unit 223. Ordering this dish means you'll help the learners gain lots of skills like preparing the poultry, preparing the vegetables and finishing basic sauces.

### Charred pork chop, courgette, sage and ricotta agnolotti, charcutiére sauce

This spring dish encourages the students to learn about cuts of a different animal and how to prepare and cook it under units 222 and 229. The charcutiére sauce is the perfect accompaniment and the students will learn how pair up the flavours under unit 236. Preparing and cooking the courgettes for this dish is taught under units 226 and 233.

## Blackened darne of salmon, Jersey royal potatoes, samphire, sprouting broccoli, spinach, roast red pepper coulis

Here's another opportunity for our students to cook fish; this time it's salmon and under units 220 and 227, they'll learn how to cook and prepare it alongside delicious seasonal vegetables.

## Spiced chickpea ragu, celeriac crisps, cumin crème fraîche, caramelised white onion, caraway samosa V

This Indian-inspired dish works well to educate our students on vegetable-based ingredients which they will learn to prepare and cook under units 226 and 233.

### Tarragon polenta gnocchi, watercress and almond pesto, broad beans, asparagus, fennel fricassee Ve

14.00

6.80

6.80

6.80

6.80

8.00

This dish gives the students an opportunity to learn about cooking for a vegan diet. They will learn skills which includes preparing different vegetables under unit 226 and cooking fresh pasta under unit 240.

#### **Side orders**

Triple-cooked chips with red wine and salt vinegar	4.50
Buttered spring greens	4.50
Rosemary-roasted Jersey royal new potatoes	4.00
Side salad	4.00

#### **Dessert**

By finishing your meal with one of our delicious hot or cold desserts, it will enable our students to practise their patisserie skills and learn how to plate up all of the sweet ingredients to serve a perfect pudding under unit 249.

## Beetroot melba, almond milk ice cream, raspberry coulis, chilli-roasted beetroot, vanilla caramel Ve

Rhubarb and cardamom beignet, rhubarb curd, blackcurrant ice cream

## Lemon verbena crème brûlée, fennel seed flapjack, dark chocolate shard

**Selection of ice cream and sorbets** 

The prisoners learn about seasonal fruits, nuts and chocolate and put this knowledge into practise throughout the year as they make fresh ice cream daily while working towards unit 249.

#### Local cheese board, fruit chutney, grapes, celery and biscuits

Having an understanding of local cheeses means our prisoners know how to put together a delicious cheese board. Preparing and cutting the different fruit and vegetables teaches them skills under unit 226.

#### **Allergen information**

Our kitchen uses a variety of ingredients, including nuts. For all allergen information please ask your server.

**V** – Vegetarian **Ve** – Vegan

Whilst you may be familiar with recognising good service by leaving a tip, the unique position of our restaurants means this is not possible when dining at The Clink. Instead, we would ask you to consider contributing a similar sum to support us in our charitable work in changing attitudes, transforming lives and creating second chances by leaving a donation in the envelope provided.



